

# God's Day of Rest

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## Learning About God's Rest

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Answer the questions about God's day of rest.

1. Trace the word that tells us what God did on the seventh day.

REST

2. What did God do on the seventh day? Circle the correct answer.

He rested

He worked

He played

3. Draw a line from each thing to why rest is good.

Makes us strong

Rest is good

Makes us happy

Rest helps us

4. What did God create in six days? Circle the correct answer.

The world

A nap

Nothing

5. Why is rest important? Circle the correct answer.

To feel tired

To feel happy

To keep working

6. Trace the word that tells us who made everything.

GOD

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### Answer Key

1. REST 2. He rested 3. Makes us happy 4. The world 5. To feel happy 6. GOD