

# Feelings Through Colors

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## Understanding Emotions with Art

Name: \_\_\_\_\_

Date: \_\_\_\_\_

*Let's think about our feelings and colors!*

1. Trace the word that tells us how we can express emotions.

FEEL

2. What color shows happiness? Circle the correct answer.

Blue

Yellow

Gray

3. Match the color to the feeling.

Red

Anger

Blue

Calm

Green

Joy

4. What does your art show? Circle the correct answer.

Feelings

Shapes

Numbers

5. Trace the word that tells us where our feelings come from.

HEART

6. How does art make you feel? Circle the correct answer.

Happy

Bored

Angry

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### Answer Key

1. FEEL 2. Yellow 3. Red, Blue, Green 4. Feelings 5. HEART 6. Happy