

The Digestive Journey Begins

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Understanding the Digestive System

Name: _____

Date: _____

Answer the following questions based on our lesson about the digestive system.

1. What are the two types of digestion that happen in the mouth?

- A. Mechanical and Chemical
- B. Chemical and Physical
- C. Physical and Biological

2. Why is chewing important before swallowing?

3. Saliva contains enzymes that help break down food.

- True False

4. The enzyme found in saliva that starts breaking down carbohydrates is called ____.

5. What does mechanical digestion involve?

- A. Chewing food
- B. Mixing food with saliva
- C. Both of the above

6. How does God's design of the digestive system show His wisdom?

7. Saliva only helps with mechanical digestion.

- True False

8. When food is chewed, it is broken into ____ pieces to aid digestion.

9. What is the first stop in our digestive journey?

- A. The stomach
- B. The mouth
- C. The esophagus

10. What can happen if you eat too much honey, according to Proverbs 25:16?

Answer Key

1. Mechanical and Chemical 2. Chewing is important because it breaks food into smaller pieces, making it easier to digest. 3. True 4. amylase 5. Both of the above 6. God designed our digestive system to process food efficiently and healthily, which reflects His wisdom in creating our bodies. 7. False 8. smaller 9. The mouth 10. If you eat too much honey, you may become filled and vomit. This teaches moderation in eating.