

Performance Reflection Review

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Understanding Our Musical Growth

Name: _____

Date: _____

Answer the following questions based on what you learned about your musical performance and growth.

1. What did you learn about yourself today during your performance?

2. What is one way to identify areas for improvement in your performance?

- A. Ignore feedback
- B. Ask for constructive criticism
- C. Only focus on what you did well

3. Receiving feedback can help you understand your strengths better.

True False

4. Proverbs 15:31 tells us that the ear that listens to ____ gains understanding.

5. How can you use this reflection to grow musically in the future?

6. Which of the following best describes the spirit of self-reflection?

- A. Being proud of your performance
- B. Being humble and open to learning
- C. Avoiding criticism

7. Identifying strengths is not important for personal growth.

True False

8. Understanding growth is a ____ process.

9. What did you do well in your performance?

10. What should you focus on after receiving feedback?

- A. Defending your performance
- B. Ignoring the feedback
- C. Using the feedback to improve

Answer Key

1. I learned that I can play confidently but need to work on my timing. 2. Ask for constructive criticism 3. True 4. reproof 5. I can practice more on the areas where I struggled and seek feedback from my teacher. 6. Being humble and open to learning 7. False 8. continuous 9. I played all the notes correctly and maintained good posture. 10. Using the feedback to improve

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