

Stage Presence and Confidence Review

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Recital Preparation Week

Name: _____

Date: _____

Answer the following questions based on what you learned about stage presence and confidence in your music lesson.

1. What is one way to show God's love through musical performance?

- A. By performing loudly
- B. By connecting with the audience
- C. By only focusing on oneself

2. Philippians 4:13 tells us, "I can do all things through ____, who strengthens me."

3. What are two techniques you learned to help manage performance anxiety?

4. Confident bowing is not important for a performer's stage presence.

- True False

5. What should a performer focus on to feel confident on stage?

- A. The audience's reaction
- B. Their own mistakes
- C. Connecting with the audience

6. Proper stage walking techniques help to project ____ and confidence.

7. How can a performer maintain a humble, service-oriented attitude while performing?

8. Stage presence is only about how well you play your instrument.

- True False

9. What is one benefit of practicing stage presence techniques?

- A. It guarantees you won't make mistakes
- B. It helps you feel more confident and connected
- C. It allows you to ignore the audience

10. Managing performance nerves can be achieved through ____ principles, like prayer and trust in God.

Answer Key

1. By connecting with the audience 2. Christ 3. One technique is to take deep breaths before performing. Another technique is to pray for strength and confidence. 4. False 5. Connecting with the audience 6. poise 7. A performer can remember that their talent is a gift from God and that they are there to serve the audience through their music, not just to show off. 8. False 9. It helps you feel more confident and connected 10. biblical