

# Peace Through Sorrow Review

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## Understanding 'It Is Well With My Soul'

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Answer the following questions based on the lesson about Horatio Spafford and the hymn.

1. What was the personal tragedy that Horatio Spafford faced?

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2. What is the main theme of the hymn 'It Is Well With My Soul'?

- A. Joy in life
- B. Peace through sorrow
- C. Victory over enemies

3. The scripture Philippians 4:7 talks about the peace of God that surpasses all \_\_\_\_.

4. Horatio Spafford wrote 'It Is Well With My Soul' after he lost his children.

True       False

5. How can music serve as a form of prayer and healing according to the lesson?

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6. What does trusting God during difficult times involve?

- A. Giving up hope
- B. Continuing to pray and have faith
- C. Ignoring feelings

7. Spafford's hymn reflects his deep \_\_\_\_ in God's grace during sorrow.

8. The lesson suggests that music cannot help us process our emotions.

True       False

9. What does the peace of God mentioned in Philippians 4:7 mean to you?

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10. What was the purpose of singing 'It Is Well With My Soul' in class?

- A. To memorize the lyrics
- B. To discuss its meaning and gain understanding
- C. To compete in singing

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Answer Key

1. Horatio Spafford lost his children when their ship sank in the ocean, which caused him immense grief. 2. Peace through sorrow 3. understanding 4. True 5. Music allows us to express our feelings and connect with God. It can bring comfort and help us process our emotions during hard times. 6. Continuing to pray and have faith 7. faith 8. False 9. It means that even when I face tough times, I can trust that God will give me peace and help me through my struggles. 10. To discuss its meaning and gain understanding