

Breath Support Basics Review

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Understanding Diaphragmatic Breathing

Name: _____

Date: _____

Answer the following questions based on what you learned about breath support in singing.

1. What is the main muscle used in diaphragmatic breathing?

- A. Abdomen
- B. Diaphragm
- C. Chest

2. Diaphragmatic breathing helps with ____ musical phrases.

3. Breath control is only important for singing.

- True False

4. Why is breath important in both music and life?

5. What type of breathing is more effective for singing?

- A. Chest breathing
- B. Diaphragmatic breathing
- C. Shallow breathing

6. God breathed into man the breath of ____; this shows the importance of breath.

7. Engaging the diaphragm can improve vocal production.

- True False

8. How can practicing breath support develop patience and self-discipline?

9. Which type of breathing is less effective for vocal production?

- A. Diaphragmatic breathing
- B. Chest breathing
- C. Both are effective

10. Breath support techniques involve controlling your ____ during singing.

Answer Key

1. Diaphragm 2. sustained 3. False 4. Breath is essential for life, and in music, it helps create beautiful sounds. 5. Diaphragmatic breathing 6. life 7. True 8. Practicing breath support requires consistent effort and focus, helping to cultivate patience and self-discipline. 9. Chest breathing 10. breath