

Our Response as Readers

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Understanding Emotions through Literature

Name: _____

Date: _____

Answer the following questions based on what you learned in the lesson.

1. What can reading help us learn about?

- A. Mathematics
- B. Empathy
- C. History

2. How do characters in books help us understand real-life emotions?

3. Yahweh is near to those who have a ___ heart.

4. Reading literature allows us to explore difficult feelings safely.

- True False

5. What did you learn about yourself through this book?

6. Why is it important to reflect on what we read?

- A. To memorize facts
- B. To understand our feelings
- C. To finish the book faster

7. Reading helps us articulate our ___ responses to challenging texts.

8. Psalm 34:18 teaches that God is distant from those who are hurting.

- True False

9. How can reading help us understand others?

10. What does emotional intelligence refer to?

- A. Understanding math problems
- B. Recognizing and managing our emotions
- C. Learning to read faster

Answer Key

1. Empathy 2. Characters show us different feelings and situations, helping us relate to others' experiences. 3. broken 4. True 5. I learned that I can relate to the character's struggles and that my feelings are valid. 6. To understand our feelings 7. personal 8. False 9. Reading allows us to enter different perspectives, making us more compassionate and aware of others' feelings. 10. Recognizing and managing our emotions