

The Kenosis: Jesus Emptied Himself

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Understanding Jesus' Humility and Sacrifice

Name: _____

Date: _____

Answer the following questions based on the lesson about Kenosis and Jesus' journey from heaven to earth.

1. What is the term used to describe Jesus' self-emptying?

- A. Incarnation
- B. Kenosis
- C. Resurrection

2. What does Philippians 2:7 tell us about Jesus' choice to become human?

3. Jesus chose to limit His divine attributes and became a ___ to save humanity.

4. Jesus gave up His divine powers completely when He became human.

- True False

5. Why did Jesus choose to give up His heavenly glory?

- A. To show His love for us
- B. To become the ruler over Israel
- C. To gain more followers

6. What might have been hard about Jesus becoming human?

7. The memory verse Micah 5:2 mentions that Jesus would come from ___ Ephrathah.

8. Kenosis is a term that describes Christ's self-emptying.

- True False

9. What does the concept of kenosis teach us about Jesus?

- A. He was always powerful
- B. He voluntarily limited His powers
- C. He did not care about humanity

10. How does Jesus' sacrifice show God's love?

Answer Key

1. Kenosis 2. It shows that Jesus emptied Himself and took on the form of a servant, becoming like us. 3. servant 4. False 5. To show His love for us 6. It might have been hard for Jesus to experience human emotions and limitations, even though He was God. 7. Bethlehem 8. True 9. He voluntarily limited His powers 10. Jesus' sacrifice shows God's love because He chose to suffer and serve us, demonstrating selflessness and humility.