

The Secret of Contentment

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Review Questions on Philippians: Joy in All Circumstances

Name: _____

Date: _____

Answer the following questions based on the lesson about contentment in Christ.

1. What does Paul teach us about contentment in Philippians 4:10-13?

- A. It means having everything we want.
- B. It means finding joy in God's presence.
- C. It means avoiding all difficulties.

2. What are some challenges Paul experienced that tested his contentment?

3. Paul learned to be content in both good and bad situations.

- True False

4. Philippians 4:13 tells us, 'I can do all this through him who gives me ____.'

5. How did Paul find strength during his hardships?

- A. Through his friends
- B. Through Christ
- C. Through money

6. What does true contentment mean according to the lesson?

7. Contentment is about having everything you want.

- True False

8. To practice being content, we can focus on God's ____ instead of our wants.

9. What is the memory verse for this lesson?

- A. Philippians 4:10
- B. Philippians 4:13
- C. Philippians 4:12

10. How can you practice being content this week?

Answer Key

1. True 2. Paul faced challenges like prison, shipwrecks, and persecution, but he remained joyful. 3. True 4. strength 5. Through Christ 6. True contentment means finding joy in our relationship with Jesus, not just in having what we want. 7. False 8. presence 9. Philippians 4:13 10. I can practice being content by being thankful for what I have and trusting God during tough times.

