

Pressing Toward the Goal

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Understanding Paul's Commitment to Christ

Name: _____

Date: _____

Answer the following questions based on the lesson about Philippians and Paul's determination to grow in Christ.

1. What did Paul want to focus on according to Philippians 3:13-14?

- A. His past mistakes
- B. Pressing toward the goal for the prize
- C. What others think of him

2. How does forgetting the past help us in our spiritual journey?

3. Paul encourages us to press on toward the goal for the prize of the high calling of God in ____ Jesus.

4. Paul wrote Philippians while he was free and not in prison.

- True False

5. What can help us when we feel like giving up on our goals?

- A. Listening to negative thoughts
- B. Remembering that God gives us strength
- C. Looking back at our failures

6. What do you think is a personal spiritual goal you can work on this week?

7. God has a special ____ for each person.

8. Pressing forward in our spiritual growth means we should focus more on our past than our future.

- True False

9. What is the memory verse for this lesson?

- A. Philippians 3:14
- B. Philippians 4:13
- C. Philippians 1:6

10. How can we keep moving forward when things get tough?

Answer Key

1. Pressing toward the goal for the prize 2. Forgetting the past allows us to focus on our future goals and keeps us from being discouraged by previous mistakes. 3. Christ 4. False 5. Remembering that God gives us strength 6. I want to read my Bible every day to grow closer to God. 7. purpose 8. False 9. Philippians 4:13 10. We can keep moving forward by praying, asking for God's strength, and remembering our goals.
