

Reading Stamina Challenge Review

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Understanding Reading Fluency and Focus

Name: _____

Date: _____

Answer the following questions based on what you learned about reading stamina.

1. What is one goal of building reading endurance?

- A. To read faster
- B. To build reading stamina
- C. To memorize books

2. Reading is like ____ for your brain.

3. Why is reading stamina important for understanding?

4. What did Proverbs 4:20-22 encourage us to do with God's words?

- A. Ignore them
- B. Keep them in our heart
- C. Read them quickly

5. Match the following activities with their purpose.

Tracking reading time

Improves stamina

Practicing focused reading

Helps understand better

6. What makes reading challenging for you?

7. What is the memory verse from 2 Timothy 2:15 about?

- A. Working hard
- B. Reading fast
- C. Being diligent

8. Stamina helps you understand more of what you ____ .

9. How long were you able to read during the stamina challenge?

10. What should you do to improve your reading stamina?

- A. Give up when it gets hard
- B. Practice reading regularly
- C. Only read short books

Answer Key

1. To build reading stamina 2. exercise 3. It helps you focus and understand more of what you read. 4. Keep them in our heart 5. Improves stamina 6. I find it hard to concentrate when there are noises. 7. Being diligent 8. read 9. I was able to read for 15 minutes without stopping. 10. Practice reading regularly

