

Understanding Loss and God's Comfort

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Review of 'Missing Mama' in Sarah, Plain and Tall

Name: _____

Date: _____

Answer the questions below based on what we learned about grief and God's comfort.

1. How do Anna and Caleb show they miss their mama?

- A. They forget about her
- B. They talk about her and remember her
- C. They laugh all the time

2. Psalm 34:18 tells us that Yahweh is near to those who have a ____ heart.

3. What are some different ways people experience grief?

4. Match the character with their feelings about missing their mama.

Anna

Sad and lonely

Caleb

Trying to be brave

5. What helps people feel better when they're sad?

- A. Talking to friends
- B. Ignoring their feelings
- C. Eating a lot of candy

6. God's comfort is shown in Psalm 34:18 when it says He saves those who have a ____ spirit.

7. How can we show love to someone who is missing someone?

8. The lesson teaches that it's okay to feel sad when we lose someone.

True

False

9. What is one thing the Witting family does to remember their mama?

- A. They forget about her
- B. They create memories and talk about her
- C. They pretend she never existed

10. Why is it important to remember loved ones who have passed away?

Answer Key

1. They talk about her and remember her 2. broken 3. People can feel sad, angry, or confused when they lose someone. Everyone's feelings are different. 4. Sad and lonely 5. Trying to be brave 6. Talking to friends 7. crushed 8. We can listen to them, give them hugs, and share happy memories about the person they miss. 9. True 10. They create memories and talk about her