

Feelings Aren't Always Told

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Understanding Emotions in Characters

Name: _____

Date: _____

Answer the following questions based on the lesson about feelings and emotions.

1. What does the lesson teach us about how to understand feelings?

- A. By only listening to words
- B. By looking at actions and words
- C. By ignoring body language

2. God looks at our ____, not just our actions.

3. Why is it important to understand hidden feelings in others?

4. Match the emotion with its possible action.

Sad

Smiling

Happy

Crying

5. Which scripture tells us that God sees our heart?

- A. Proverbs 20:5
- B. 1 Samuel 16:7
- C. John 3:16

6. A person who understands emotions is like a man who can draw out ____ from deep water.

7. How can we tell if someone is feeling happy?

8. What might make a character feel upset?

- A. Winning a game
- B. Losing a friend
- C. Eating ice cream

9. Body language can show our ____ without us having to say it.

10. Why might someone hide their true feelings?

Answer Key

1. By looking at actions and words 2. heart 3. Understanding hidden feelings helps us show empathy and support to others. 4. Crying 5. 1 Samuel 16:7 6. counsel 7. We can see them smiling, laughing, or being active with others. 8. Losing a friend 9. feelings 10. They might be afraid of being judged or want to seem strong.