

Understanding Buddhism: The Path of Enlightenment

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Review Questions

Name: _____

Date: _____

Answer the following questions based on what you've learned about Buddhism and Siddhartha Gautama.

1. What does the name Buddha mean?

- A. Wise one
- B. Enlightened one
- C. Peaceful one

2. Siddhartha Gautama became known as the ____ after achieving enlightenment.

3. What did Siddhartha Gautama seek to understand?

4. What did Buddha teach about kindness?

- A. Be kind to only friends
- B. Be kind to all living things
- C. Kindness is not important

5. Match the key teachings to their descriptions.

Ending suffering

A way to find inner peace

Meditation

A goal of Buddha

6. How is God's peace different from other kinds of peace?

7. Buddha sought inner peace through ____.

8. Which scripture talks about God's peace?

- A. Philippians 4:7
- B. John 14:27
- C. Matthew 5:9

9. What is one way you can show kindness to others?

10. How is Buddha's search for peace different from Jesus' teachings?

- A. Buddha only taught about peace
- B. Jesus offers peace through faith
- C. They both teach the same

Answer Key

1. Enlightened one 2. Buddha 3. He wanted to understand human suffering. 4. Be kind to all living things 5. Ending suffering, A goal of Buddha 6. God's peace is deeper and guards our hearts. 7. meditation 8. John 14:27 9. I can help a friend in need or share my toys. 10. Jesus offers peace through faith
