

Understanding Psalms

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A Review of Writing Your Own Psalm

Name: _____

Date: _____

Answer the following questions based on what you've learned about psalms.

1. What is a psalm?

- A. A type of song to God
- B. A book of laws
- C. A story about David

2. Psalms show that God wants to hear all our ____ .

3. What feeling do you think David had when writing psalms?

4. According to Psalm 34:8, what should we do to know that Yahweh is good?

- A. Take refuge in Him
- B. Pray all the time
- C. Sing songs

5. Match the psalm type to its purpose.

Praise

To ask for God's support

Help

To thank God for His goodness

6. How can writing a psalm help when you're feeling sad?

7. What is the memory verse from Psalm 1:1-2 about?

- A. The way to happiness
- B. The beauty of nature
- C. The importance of friendship

8. There's no '____' way to talk to God.

9. Why is it good to be honest with God?

10. What can writing a personal psalm help you with?

- A. Being quiet
- B. Expressing feelings
- C. Doing homework

Answer Key

1. A type of song to God 2. feelings 3. David probably felt a mix of joy and sadness, depending on his experiences. 4. Take refuge in Him 5. To ask for God's support, To thank God for His goodness 6. Writing a psalm can help express my feelings and bring comfort from God. 7. The way to happiness 8. wrong 9. Being honest with God helps build a closer relationship and brings peace. 10. Expressing feelings

