

Bodies Are Instruments Review

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Understanding Rhythm Movement and Creative Expression

Name: _____

Date: _____

Answer the following questions based on our lesson about how our bodies can express music.

1. God created our bodies to move and express ____.
2. What does Psalm 149:3 tell us we can do in our dance?
 - A. Praise His name
 - B. Sit quietly
 - C. Listen to music
3. How can moving our bodies be a way of worshiping God?

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4. Movement can express feelings and musical ideas.

True False

5. What can different body parts do in music?
 - A. Make different rhythms
 - B. Only move in one way
 - C. Stay still

6. We can create rhythmic movements using ____ or ribbons.

7. What did we learn about music and movement?

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8. Only our feet can make music through movement.

True False

9. What might a bouncy rhythm look like?
 - A. Fast and jumpy movements
 - B. Slow swaying
 - C. Standing still

10. Let them praise his name in the dance! is from Psalm ____.

Answer Key

1. rhythm 2. Praise His name 3. By using dance to praise Him and express our joy 4. True 5. Make different rhythms 6. scarves 7. Our bodies can create music through movement. 8. False 9. Fast and jumpy movements 10. 149