

# Review of Whole Notes

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## Understanding Rhythm Foundations

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Answer the questions below based on what you learned about whole notes.

1. A whole note lasts for \_\_\_\_ beats.
2. What shape is a whole note?
  - A. Square
  - B. Empty oval
  - C. Triangle
3. Why is it important to hold a whole note?  
\_\_\_\_\_
4. A whole note teaches us about patience in music.  
 True     False
5. The whole note is like a musical \_\_\_\_ that lasts for four counts.
6. How many beats does a whole note hold?
  - A. Two
  - B. Four
  - C. Three
7. What does practicing whole notes help us develop?  
\_\_\_\_\_
8. Holding a note for too long can be harmful to music.  
 True     False
9. Psalm 33:3 says to play skillfully with a loud \_\_\_\_.
10. What activity helps practice the duration of a whole note?
  - A. Freeze Dance
  - B. Jump Rope
  - C. Singing

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### Answer Key

1. four   2. Empty oval   3. It helps us keep a steady beat.   4. True   5. pause   6. Four   7. It helps us develop patience and self-control.   8. False   9. noise   10. Freeze Dance