

Keeping Food Fresh: From Ice Boxes to Refrigerators

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Understanding Food Preservation

Name: _____

Date: _____

Answer the questions about how people kept food cold before refrigerators.

1. People used ___ boxes filled with ice to keep food cold long ago.

2. Families used warm places to store food before refrigerators.

True False

3. What do we use today to keep food fresh?

- A. Ice boxes
- B. Refrigerators
- C. Canning

4. Match the old food preservation method with its description.

Ice boxes

Used ice to keep food cold

Canning

Helps keep fruits and vegetables safe

5. God provides food and helps us find ways to keep it ___ and fresh.

6. Canning is a new way to preserve food.

True False

7. What did people use to store food in cool places?

- A. Warm ovens
- B. Cool underground cellars
- C. Hot attics

8. What do you think it was like without a refrigerator?

9. What did people deliver to homes to keep food cold? Circle the correct answer.

Ice blocks

Warm water

Fresh fruits

10. The diligent will waste their resources according to Proverbs 12:27.

True False

Answer Key

1. ice 2. False 3. Refrigerators 4. 0 5. safe 6. False 7. Cool underground cellars 8. It was hard to keep food fresh and cold. 9. Ice blocks 10. False