

# Singing When Sad

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David Worships God

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Answer the questions about the lesson on David and how he expressed his feelings to God.

1. David wrote \_\_\_\_ that show how he felt.

2. David was honest with God about his feelings.

True  False

3. What should we do when we feel sad?

- A. Tell God
- B. Hide our feelings
- C. Ignore our sadness

4. Draw a line from each feeling to what David did about it.

Sad

Sang to God

Happy

Wrote a psalm

5. God wants to hear about our \_\_\_\_ times.

6. We cannot talk to God about our feelings.

True  False

7. What did David trust in when he felt sad?

- A. His friends
- B. God's loving kindness
- C. His own strength

8. Why is it okay to tell God about sad feelings?

9. What can help us feel better when we are sad? Circle the correct answer.

Singing or praying

Ignoring our feelings

Being alone

10. David said he would sing to Yahweh because he has been \_\_\_\_ to him.

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## Answer Key

1. psalms 2. True 3. Tell God 4. Sang to God 5. sad 6. False 7. God's loving kindness 8. Because God wants to help us and listen to us. 9. Singing or praying 10. good