

Calm and Peaceful

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Exploring Emotions Through Art

Name: _____

Date: _____

Answer the questions about how art can show our feelings of peace.

1. Cool colors like ____, ____, and ____ can help us feel calm.

2. God gives us ____ in all situations.

3. Cool colors are bright and loud.

True False

4. What colors did we use to show calmness in our art?

- A. Red, Orange, Yellow
- B. Blue, Green, Purple
- C. Black, White, Brown

5. Draw a line from each feeling to its art expression.

Calm

Smooth lines

Peaceful

Sharp lines

6. What makes you feel peaceful?

7. We can draw things that make us feel calm.

True False

8. Which place is an example of a quiet place that feels calm?

- A. A loud concert
- B. A busy street
- C. A quiet garden

9. Philippians 4:7 says that the peace of God will guard our ____ and thoughts.

10. How does your picture show peace?

Answer Key

1. blue 2. peace 3. False 4. Blue, Green, Purple 5. Smooth lines 6. Being by the lake makes me feel peaceful. 7. True 8. A quiet garden 9. hearts 10. My picture shows peace because it has calm colors and soft lines.